ASERT Collaborative: The Resource Center, Helpful Resources, and More!

Presented by
The ASERT Collaborative

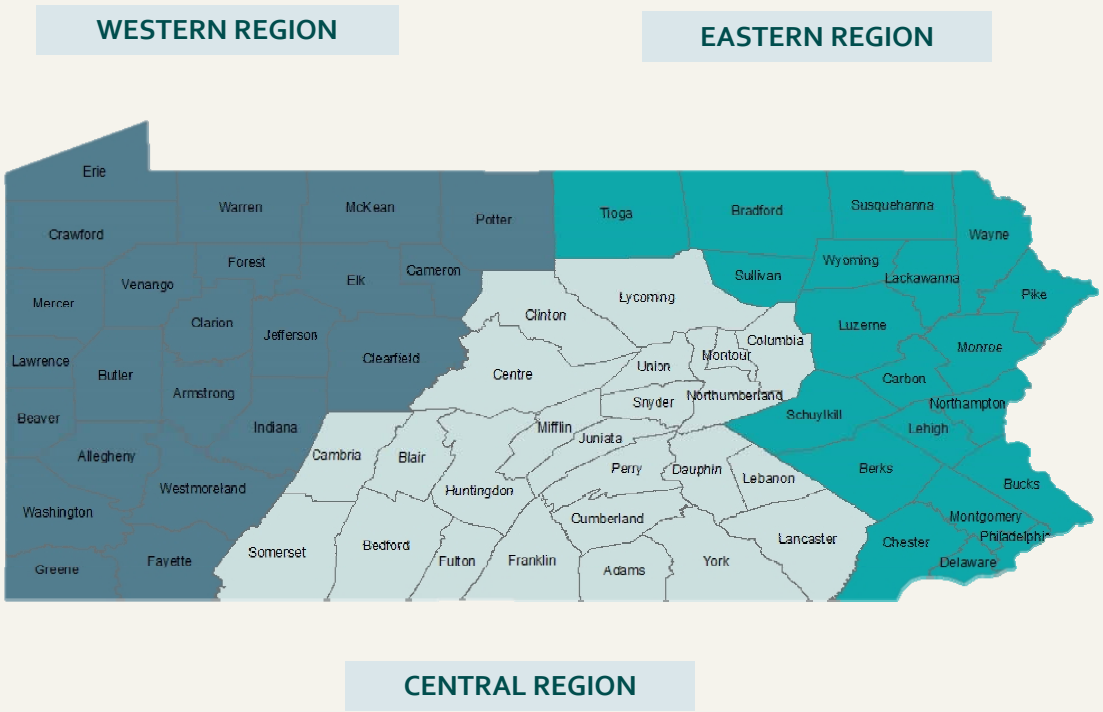
November 15, 2017

INTRODUCTION

WHAT IS ASERT?

Autism **S**ervices **E**ducation **R**esources & **T**raining

- Funded by the Bureau of Autism Services, Pennsylvania Department of Human Services.
- A unique partnership of public and private entities.
- A key component of the BAS strategy for supporting individuals with autism and their families throughout Pennsylvania.



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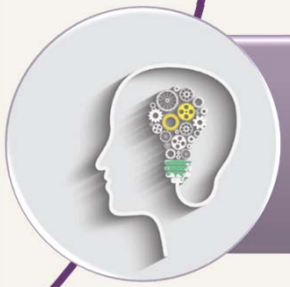
Role and Purpose of ASERT

Bring together local, regional, and statewide resources

Support (not replace) existing community efforts and activities



Develop innovative projects based on data, community need, and commonwealth priorities

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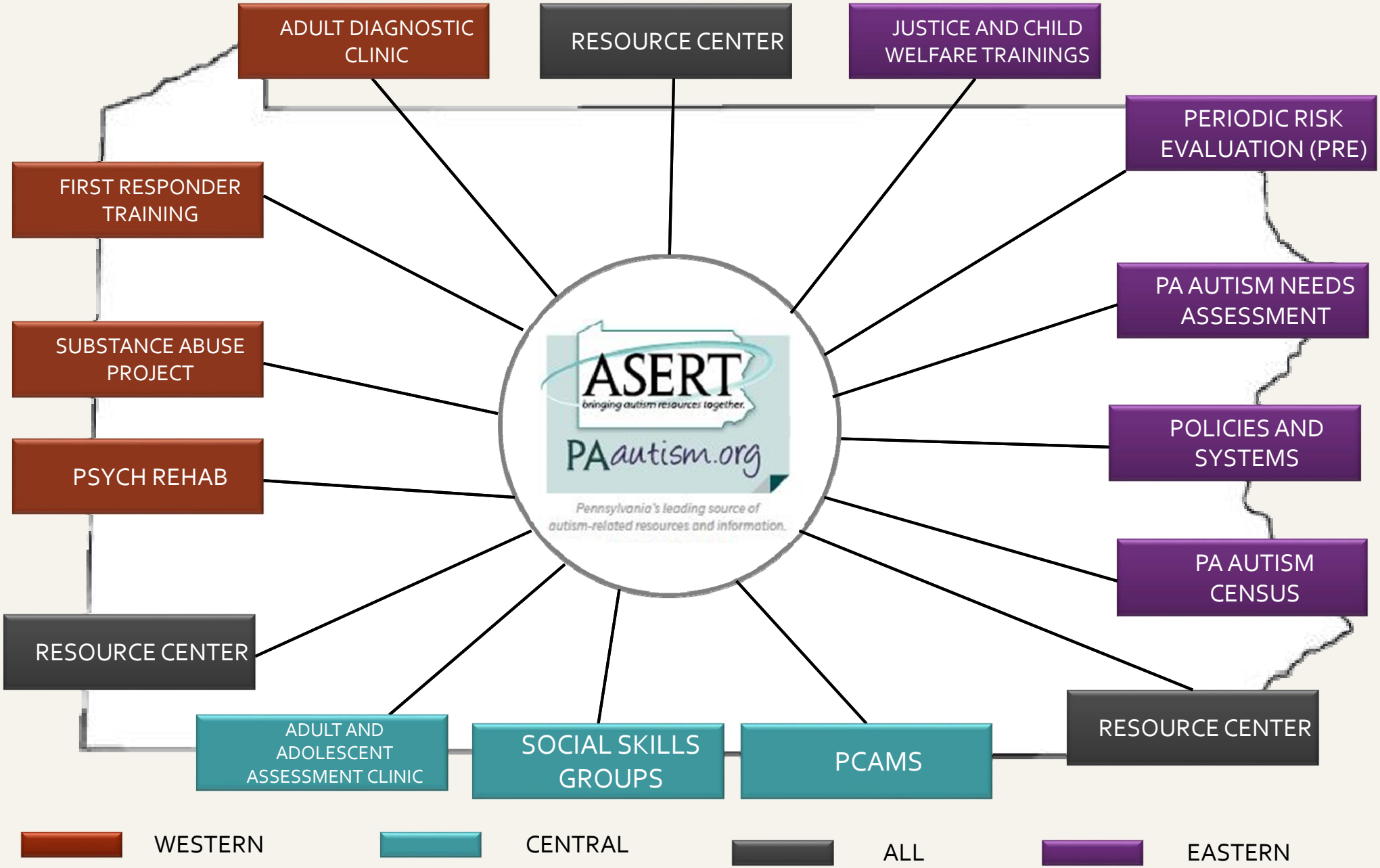
ASERT Collaborative Regional Projects



How does ASERT Support the Community?

Support and resource navigation through the ASERT Resource Center

Free, catered trainings

Maps of support groups and other community resources

Catered data analysis to support advocacy and community activities

Resources, infographics, social stories, and newsletters

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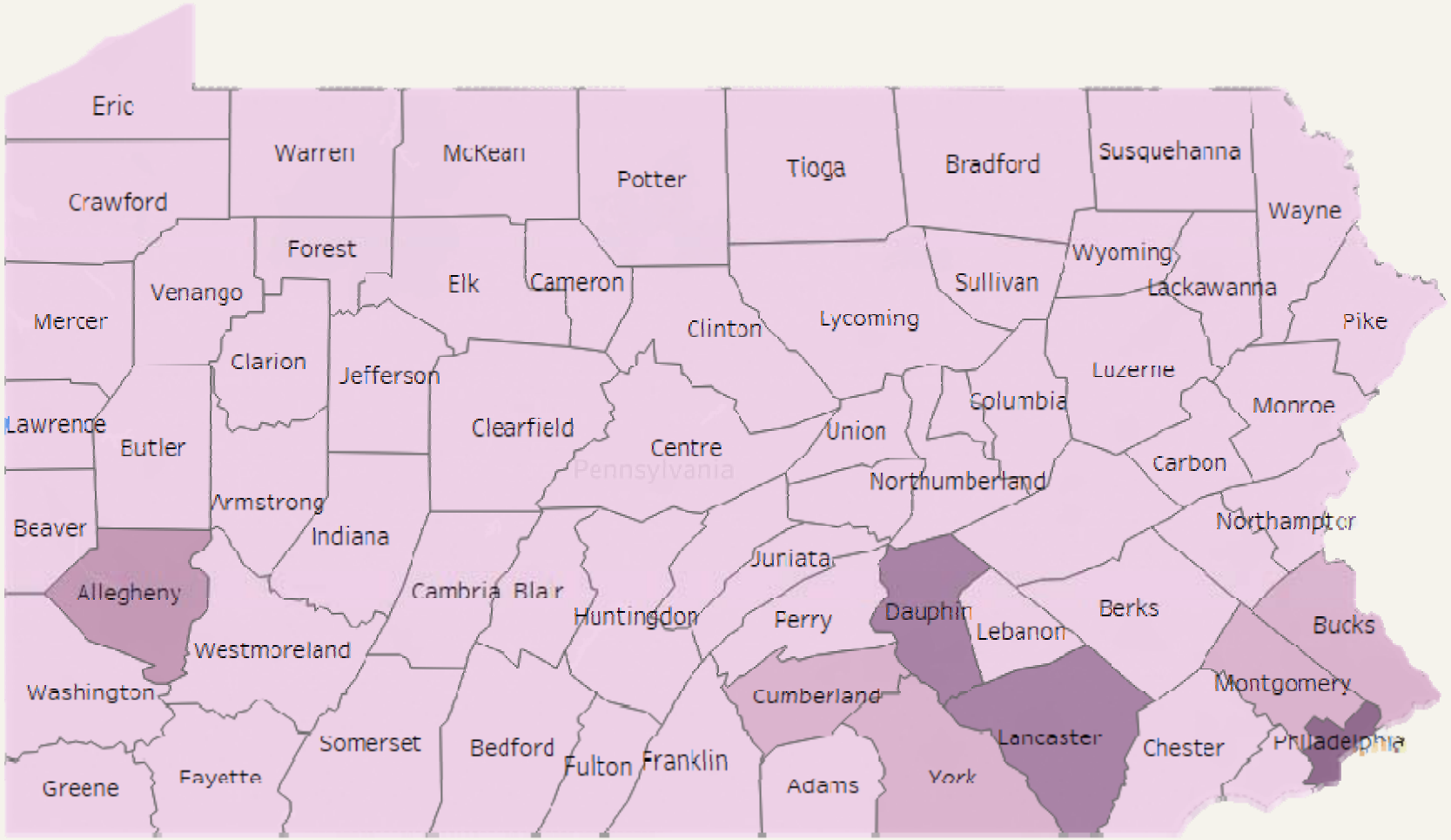
WHO HAS THE ASERT RESOURCE CENTER HELPED?



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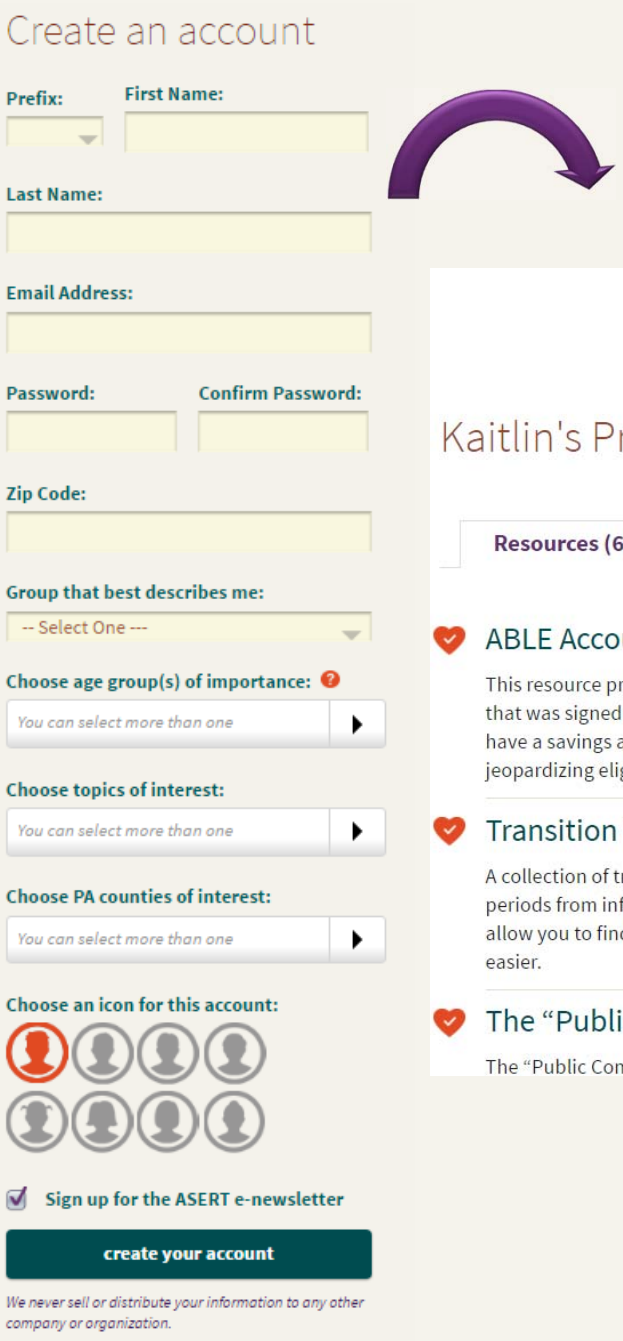
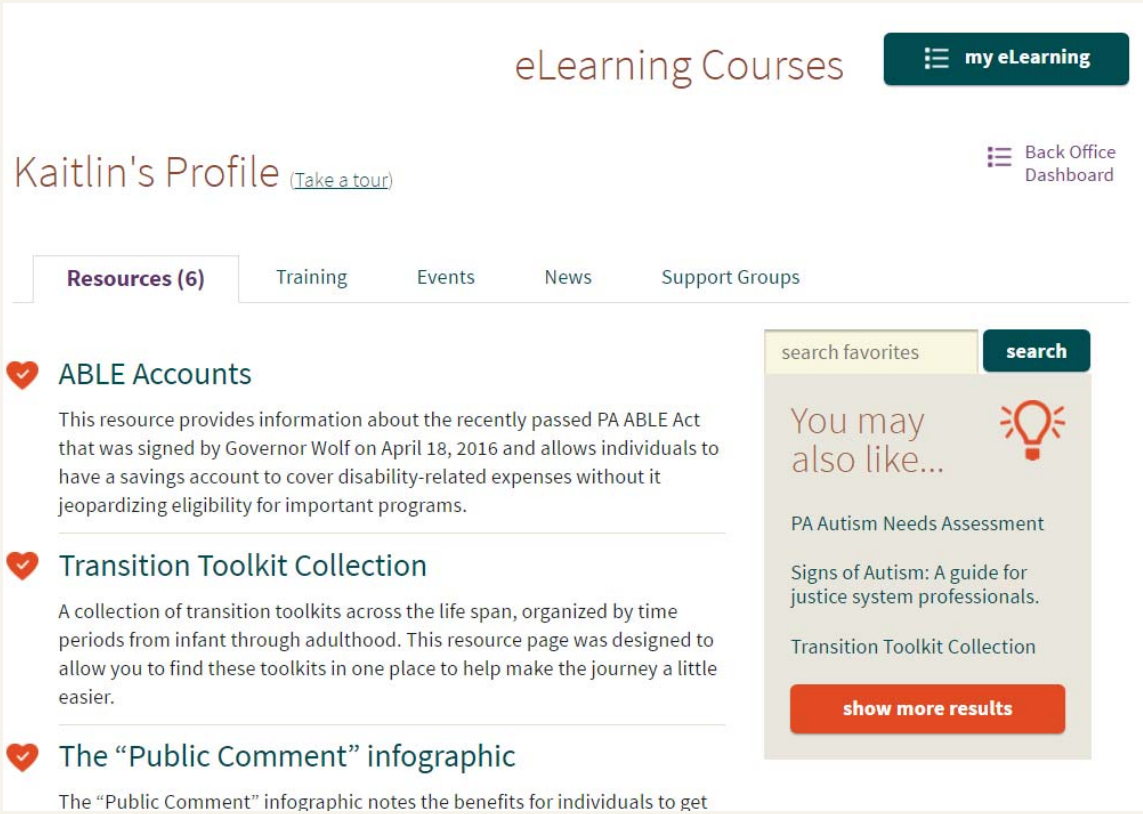
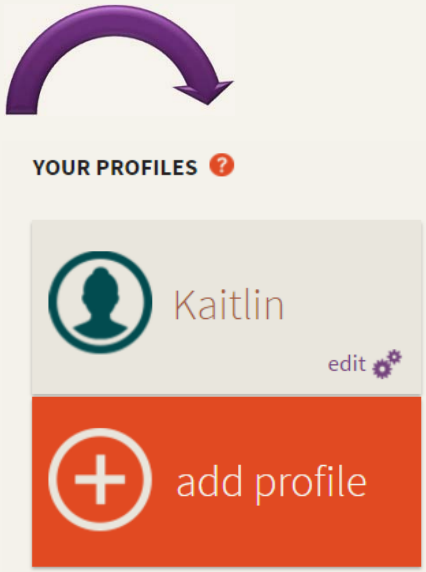
ASERT WEBSITE: PAAUTISM.ORG

Let's Create Some Accounts!







RESOURCE SPOTLIGHTS

Justice Resource Collection

Are you looking for resources about autism and justice system?

paautism.org/justice

- Background Information
- ASERT Justice Trainings
- Social Stories
- Resources for Professionals

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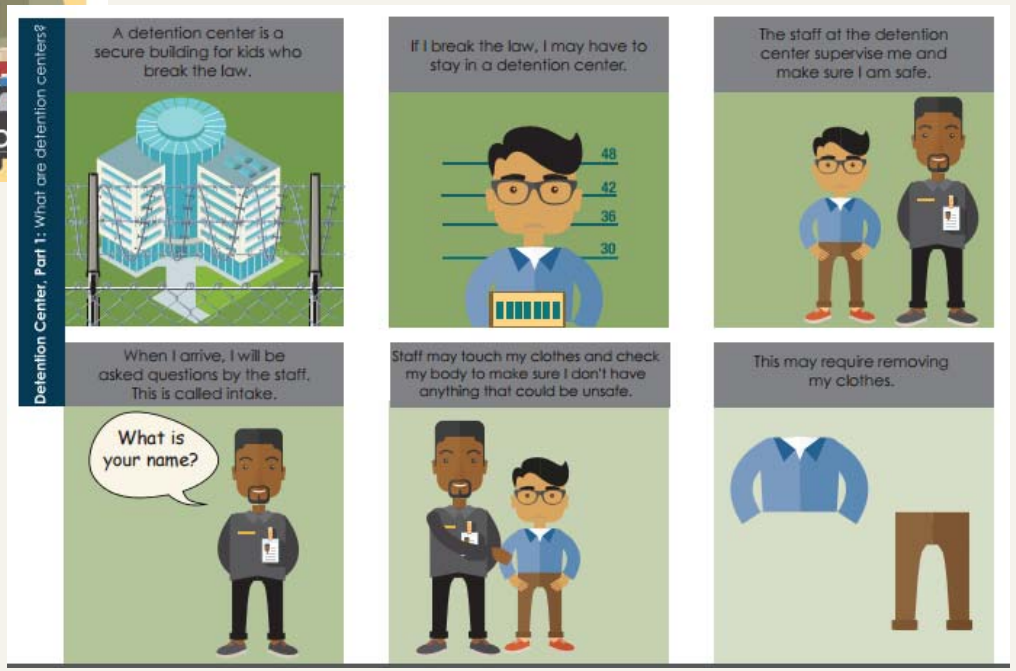
Justice System Social Stories



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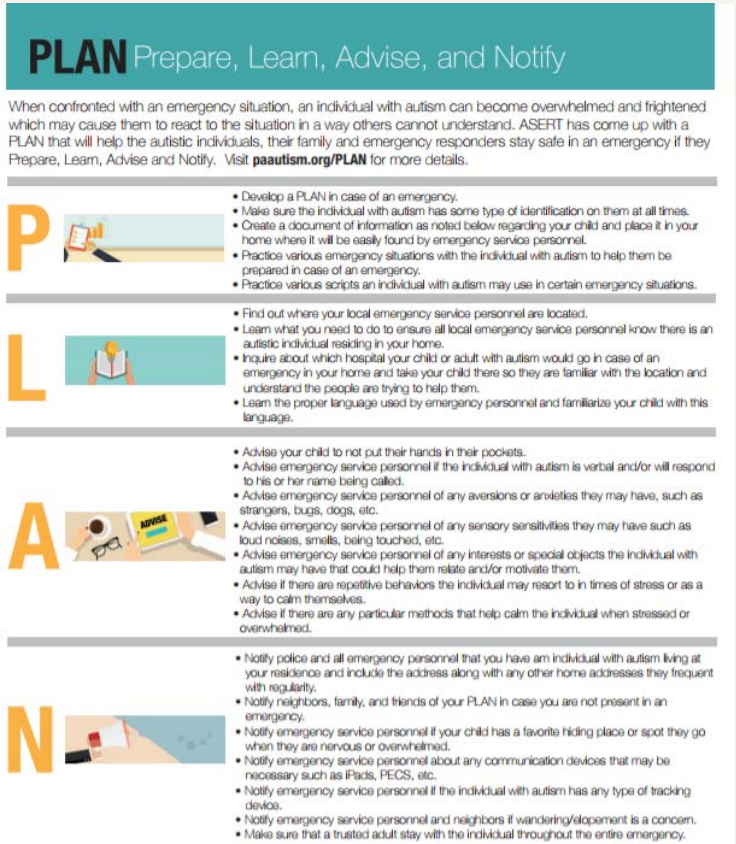
PLAN

Are you looking for information about engaging with law enforcement agencies?



PLAN Prepare, Learn, Advise, and Notify

When confronted with an emergency situation, an individual with autism can become overwhelmed and frightened which may cause them to react to the situation in a way others cannot understand. ASERT has come up with a PLAN that will help the autistic individuals, their family and emergency responders stay safe in an emergency if they Prepare, Learn, Advise and Notify. Visit **paautism.org/PLAN** for more details.

P

- Develop a PLAN in case of an emergency.
- Make sure the individual with autism has some type of identification on them at all times.
- Create a document of information as noted below regarding your child and place it in your home where it will be easily found by emergency service personnel.
- Practice various emergency situations with the individual with autism to help them be prepared in case of an emergency.
- Practice various scripts an individual with autism may use in certain emergency situations.

L

- Find out where your local emergency service personnel are located.
- Learn what you need to do to ensure all local emergency service personnel know there is an autistic individual residing in your home.
- Inquire about which hospital your child or adult with autism would go in case of an emergency in your home and take your child there so they are familiar with the location and understand the people are trying to help them.
- Learn the proper language used by emergency personnel and familiarize your child with this language.

A

- Advise your child to not put their hands in their pockets.
- Advise emergency service personnel if the individual with autism is verbal and/or will respond to his or her name being called.
- Advise emergency service personnel of any aversions or anxieties they may have, such as strangers, bugs, dogs, etc.
- Advise emergency service personnel of any sensory sensitivities they may have such as loud noises, smells, being touched, etc.
- Advise emergency service personnel of any interests or special objects the individual with autism may have that could help them relate and/or motivate them.
- Advise if there are repetitive behaviors the individual may resort to in times of stress or as a way to calm themselves.
- Advise if there are any particular methods that help calm the individual when stressed or overwhelmed.

N

- Notify police and all emergency personnel that you have am individual with autism living at your residence and include the address along with any other home addresses they frequent with regularity.
- Notify neighbors, family, and friends of your PLAN in case you are not present in an emergency.
- Notify emergency service personnel if your child has a favorite hiding place or spot they go when they are nervous or overwhelmed.
- Notify emergency service personnel about any communication devices that may be necessary such as iPads, PECS, etc.
- Notify emergency service personnel if the individual with autism has any type of tracking device.
- Notify emergency service personnel and neighbors if wandering/elopement is a concern.
- Make sure that a trusted adult stay with the individual throughout the entire emergency.

paautism.org/PLAN

- **Prepare**
- **Learn**
- **Advise**
- **Notify**

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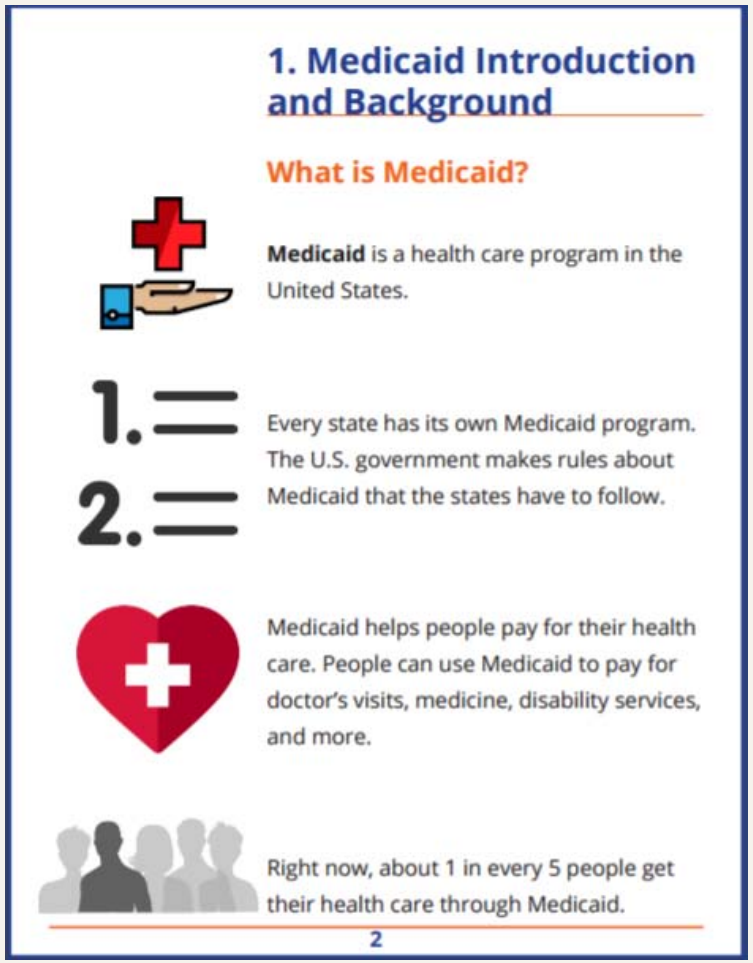
Self-Advocate's Guide to Medicaid

Are you looking for information about Medicaid for participants and families?



1. Medicaid Introduction and Background

What is Medicaid?

Medicaid is a health care program in the United States.

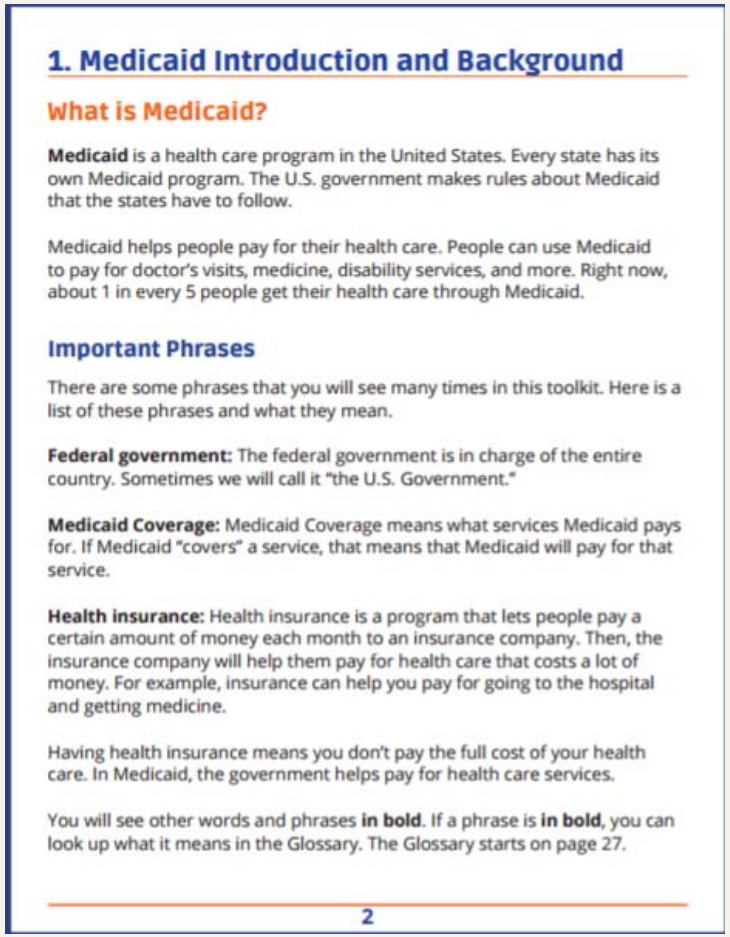
1. Every state has its own Medicaid program. The U.S. government makes rules about Medicaid that the states have to follow.
2.

Medicaid helps people pay for their health care. People can use Medicaid to pay for doctor's visits, medicine, disability services, and more.

Right now, about 1 in every 5 people get their health care through Medicaid.

2

ASAN
AUTISTIC SELF ADVOCACY NETWORK



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Important Phrases

There are some phrases that you will see many times in this toolkit. Here is a list of these phrases and what they mean.

Federal government: The federal government is in charge of the entire country. Sometimes we will call it "the U.S. Government."

Medicaid Coverage: Medicaid Coverage means what services Medicaid pays for. If Medicaid "covers" a service, that means that Medicaid will pay for that service.

Health insurance: Health insurance is a program that lets people pay a certain amount of money each month to an insurance company. Then, the insurance company will help them pay for health care that costs a lot of money. For example, insurance can help you pay for going to the hospital and getting medicine.

Having health insurance means you don't pay the full cost of your health care. In Medicaid, the government helps pay for health care services.

You will see other words and phrases **in bold**. If a phrase is **in bold**, you can look up what it means in the Glossary. The Glossary starts on page 27.

2

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Autism Insurance Mandate "Act 62" Resources

Are you looking for resources about payment for autism services?

- What is the Autism Insurance Mandate?
- Act 62 General Information for Families
- What are the Difference Between Private Insurance and Medicaid?

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Transition Toolkit Collection

Are you looking for transition resources throughout the lifespan?

paautism.org/transitiontoolkit

- Newly Diagnosed
- Ages 0-5
- Ages 5-11
- Ages 5-11
- Ages 18-26
- Older Adults
- Lifespan

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LGBTQI Resource Page

Are you looking for resources and information about the LGBTQI community for participants or families?

paautism.org/LGBTQI

- Background Information
- Resources for Parents and Families
- Resources for Individuals
- Resources for Policymakers and Providers

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Voting Resources

Are you looking for resources and information to help a participant prepare for election days?

paautism.org/vote

- Voting Infographic
- Election Day Toolkits
- Registration and Absentee Ballots
- Finding a Polling Place

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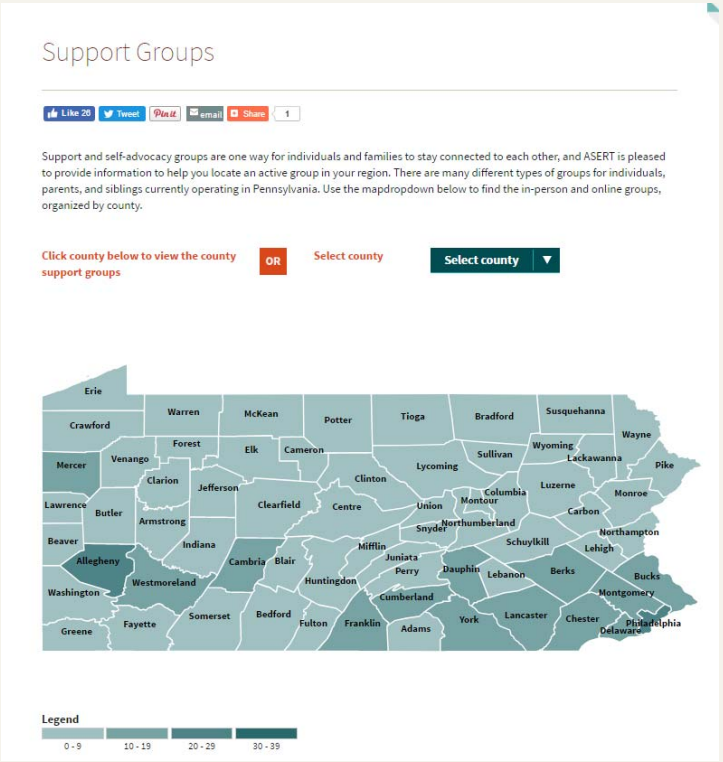
Support Group Map

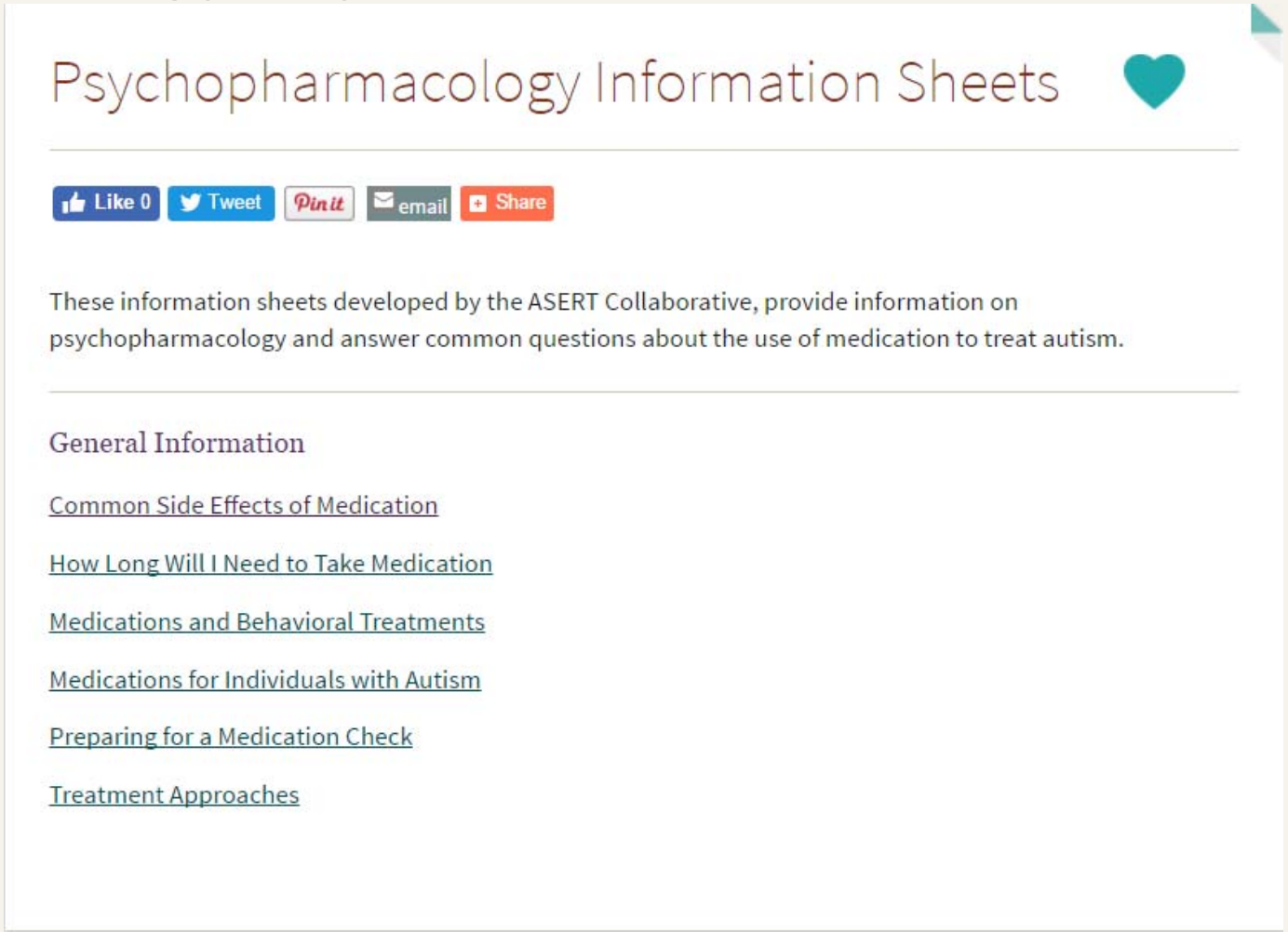
Are you looking for support groups for siblings, participants and families or self-advocacy groups ?



- Clickable map by county
- Online groups
- In-person groups

Psychopharmacology Information Sheets

Are you looking for information about medications and autism?



Psychopharmacology Information Sheets

Like 0 Tweet Pin it email Share

These information sheets developed by the ASERT Collaborative, provide information on psychopharmacology and answer common questions about the use of medication to treat autism.

General Information

Common Side Effects of Medication

How Long Will I Need to Take Medication

Medications and Behavioral Treatments

Medications for Individuals with Autism

Preparing for a Medication Check

Treatment Approaches

paautism.org/pharminfo

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PSYCHOPHARMACOLOGY eLEARNING VIDEOS

Are you looking for MORE information about medications and autism AND Continuing Education (CE) Credits?

FEATURED
Psychopharmacology and Treating Social Interaction Difficulties in Individuals with ASD
By: Michael Murray, M.D. & Edward Brodkin, M.D.
Completion Time: 60 Mins
CME Credits: 1
CE Credits: .1 IACET
ASERT produced course

Course Objectives:
Describe prevalence of social interaction difficulties in adults with ASD
Identify the benefits of interventions that utilize medication
Recognize the benefits of interventions which do not involve medication

FEATURED
Psychopharmacology and Treating ADHD and OCD Symptoms in Individuals with ASD
By: Manely Ghaffari, M.D. & Edward Brodkin, M.D.
Completion Time: 60 Mins
CME Credits: 1
CE Credits: .1 IACET
ASERT produced course

Course Objectives:
Identify difference in ADHD, tics, and OCD-like symptoms in individuals with ASD
Associate information about symptoms to medication and behavioral treatment of adults with ASD

FEATURED
Psychopharmacology and Coordination with Behavioral Treatment in Individuals with ASD
By: James Connell, Ph.D., NCSP, BCBA-D & Edward Brodkin, M.D.
Completion Time: 60 Mins
CME Credits: 1
CE Credits: .1 IACET
ASERT produced course

Course Objectives:
Increase comprehension of the beneficial relationship between medication management and behavioral treatment
Recognize how medication management and behavioral treatment can be used together to increase treatment results
Identify how medication management and behavioral interventions can be used together in treatments for adults with ASD

FEATURED
Recognizing and Diagnosing ASD and Psychopharmacology
By: Joel Bregman, M.D. & Edward Brodkin, M.D.
Completion Time: 60 Mins
CME Credits: 1
CE Credits: .1 IACET
ASERT produced course

Course Objectives:
Accurately describe ASD manifestation in adults
Identify follow-up testing that is necessary after an adult ASD diagnosis
Recognize when medication intervention is necessary with behavioral interventions

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ASERT RESOURCE CENTER

ASERT Resource Center

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PAautism.org
Pennsylvania's leading source of autism-related resources and information.
877-231-4244

Website: www.PAautism.org
Email: info@PAautism.org
Phone: 877-231-4244 (M-F: 8:00AM - 5:00PM) in English and in Spanish

Using the ASERT Resource Center

Talk to us!

Meet with us!

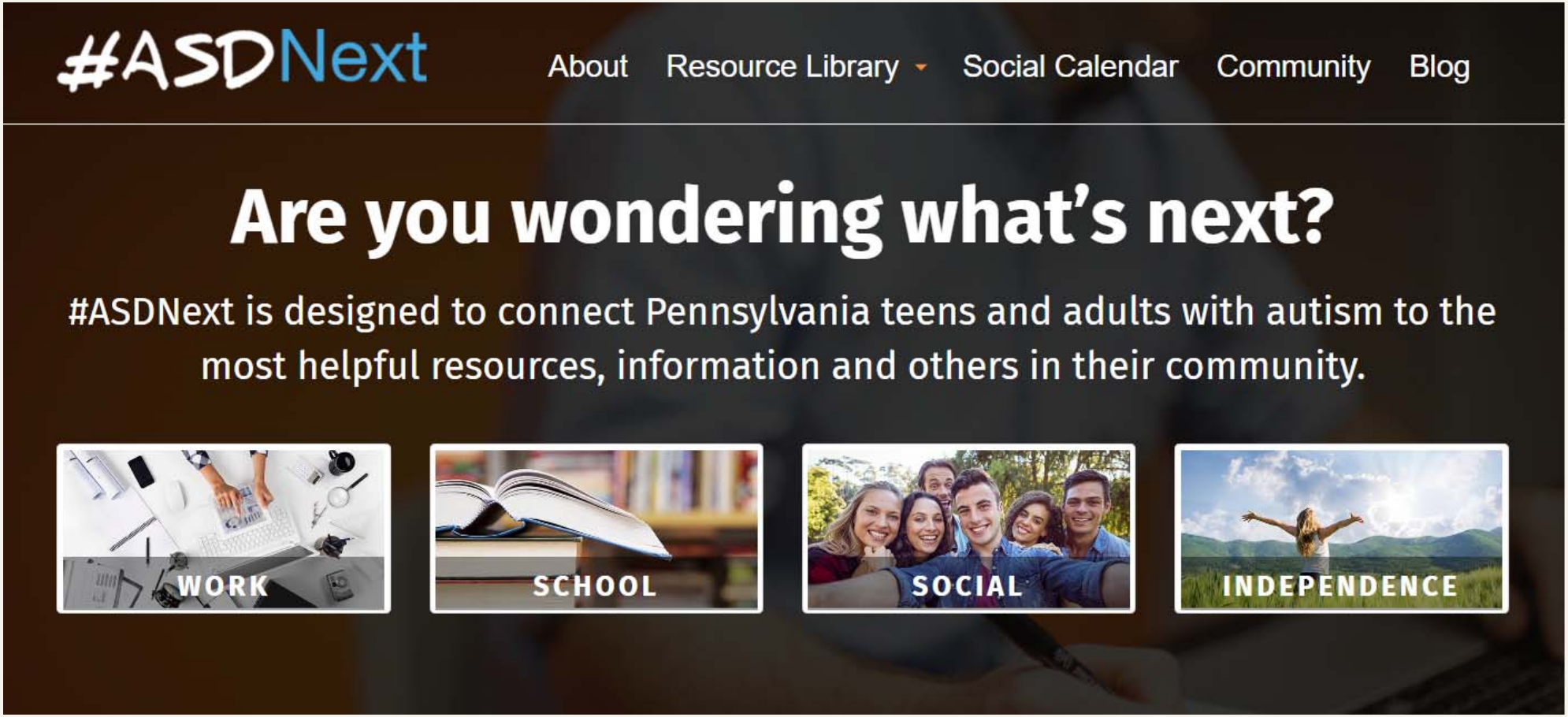
Sign up for our newsletter!

Invite us to speak or train!

Follow us on Social!

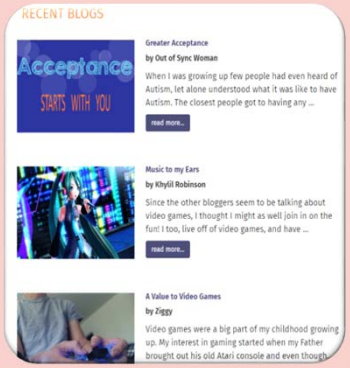
#ASDNEXT

What is #ASDNext?

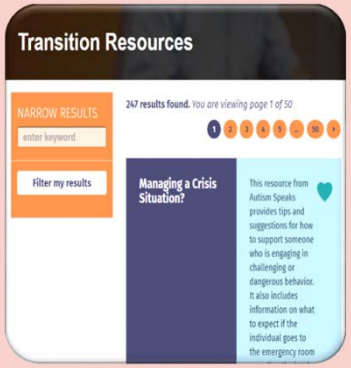


#ASDNext Website

Calendar of Events



Bloggers



Resources

Community Gallery

Social Media

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#ASDNext Website: What's Coming!

Resource Map

- Colleges programs/disability services for all colleges/universities in PA
- OVR Offices
- CAOs
- Social Groups

Discussion Boards and Message Boards

- One for discussions about social aspects of life (game reviews, Q&A, photo sharing) moderated by two young men with ASD
- One focus on employment through a partnership with OVR Early Reach Coordinators

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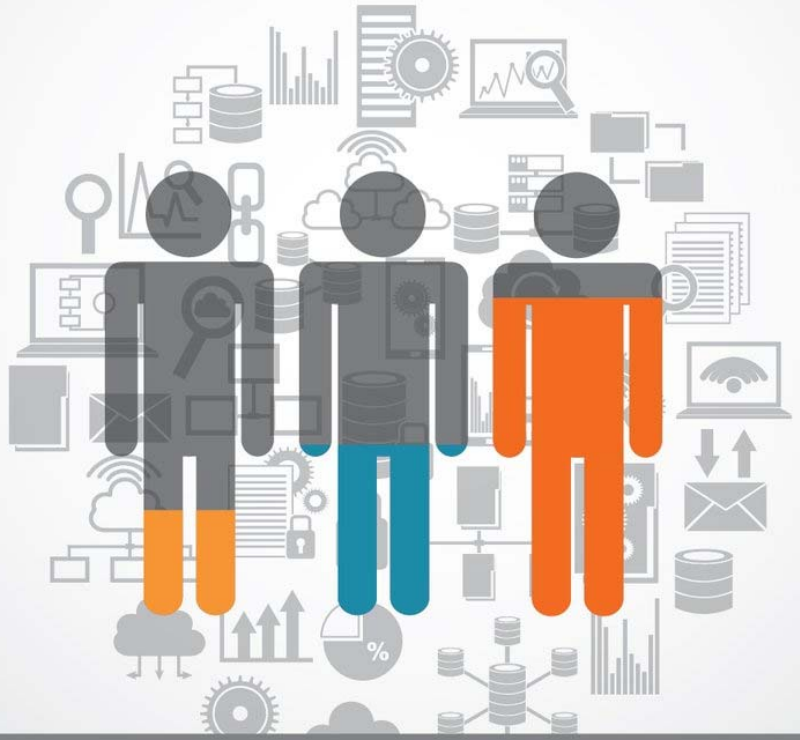
WRAP UP

PA AUTISM NEEDS ASSESSMENT 2017

www.paautism.org/needsassessment



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Questions? Comments?

Website: www.PAautism.org
Email: info@PAautism.org

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